The Spine and Sports Center

NEW PATIENT QUESTIONNAIRE

Today’s Date:_____________________

Name:_________________________ Date of Birth:___________ Age:_______ Sex:_______

Primary Physician’s Name & Address

Referring Physician’s Name & Address

QUESTIONS ABOUT MY **CURRENT** PROBLEM

1. Where is your pain? _______________________________

2. When did your current pain problem begin? ____________________________________

3. How did it happen?

4. Generally speaking, are your symptoms getting better, worse or the same? __________

5. Circle the number between 0 and 10 to indicate your level of pain in this last week:

   ![Pain Levels]

   When it felt the worst this week
   - 0
   - 1
   - 2
   - 3
   - 4
   - 5
   - 6
   - 7
   - 8
   - 9
   - 10

   When it felt the best this week
   - 0
   - 1
   - 2
   - 3
   - 4
   - 5
   - 6
   - 7
   - 8
   - 9
   - 10

   Average for the week
   - 0
   - 1
   - 2
   - 3
   - 4
   - 5
   - 6
   - 7
   - 8
   - 9
   - 10

6. What makes your pain worse?__________________________________________________

7. What makes your pain better?__________________________________________________

8. Describe the quality of your pain (aching, throbbing, burning, stabbing, etc) ?

9. What 4 things can you not do that is limited because of the pain?
   
   a. ___________   b. ___________   c. ___________   d. ___________
Mark the areas on the body where you feel your normal pain/numbness/tingling.
**TREATMENT HISTORY**

Check (✓) all treatments you have received for this problem:

- □ Medication
- □ Physical Therapy and/or Occupational Therapy.
- □ Injections or Nerve Blocks.
  - Do you know what injections were done? ____________________________
  - Surgery? If yes, what? ____________________________
- □ Manipulation or other chiropractic treatment
- □ OTHER THINGS TRIED:

**FUNCTIONAL STATUS:**

- □ yes  □ no  Do you have trouble getting to sleep because of pain
- □ yes  □ no  Do you exercise? If yes how often ____________________________

**DIAGNOSTIC TESTS THAT YOU HAVE DONE FOR YOUR PROBLEM:**

<table>
<thead>
<tr>
<th>Test</th>
<th>When done?</th>
<th>What hospital/clinic?</th>
<th>Findings</th>
</tr>
</thead>
<tbody>
<tr>
<td>X-Ray (What body part?)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CT (CAT Scan)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MRI</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>EMG</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other tests</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**MEDICATIONS I AM **CURRENTLY TAKING **FOR ANY REASON** *(including non-prescription drugs)*

<table>
<thead>
<tr>
<th>Drug Name</th>
<th>Dose</th>
<th>How Often</th>
<th>For Pain Meds Only - - Does it help?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>□ yes  □ no  □ don’t know</td>
</tr>
</tbody>
</table>

**LIST ALL KNOWN ALLERGIES**
CHECK ALL THAT APPLY

☐ yes  ☐ no  Tumors or Cancer? If yes, what type?
☐ yes  ☐ no  Any infections in the last year? If yes, what?____
☐ yes  ☐ no  Epilepsy?
☐ yes  ☐ no  Treated for headaches?
☐ yes  ☐ no  Head injury with loss of consciousness?
☐ yes  ☐ no  Thyroid problem
☐ yes  ☐ no  Treated for a psychiatric disorder?
☐ yes  ☐ no  Circulatory problems?
☐ yes  ☐ no  Do you have a history of stroke?
☐ yes  ☐ no  Heart problem? If yes, describe:
☐ yes  ☐ no  Aortic aneurysm?
☐ yes  ☐ no  Currently do you have high blood pressure?
☐ yes  ☐ no  Do you have high cholesterol? If yes, what is it?
☐ yes  ☐ no  Are you diabetic? If yes, are you insulin dependent?  ☐ yes  ☐ no
☐ yes  ☐ no  History of respiratory disorders? (Asthma, Emphysema)
☐ yes  ☐ no  Intestinal disorder?
☐ yes  ☐ no  Gastrointestinal reflux? (GERD)
☐ yes  ☐ no  AIDS or related diseases (HIV positive)?
☐ yes  ☐ no  Hepatitis?
☐ yes  ☐ no  Any disease of the nerves or muscles? If so, what ______________
☐ yes  ☐ no  Arthritis? What type_______________________________________
☐ yes  ☐ no  Gout?
☐ yes  ☐ no  Any injuries to other bones or joints?
☐ yes  ☐ no  History of serious injury
☐ yes  ☐ no  Do you have any other health problems not mentioned above?
                       If yes, please explain:
☐ yes  ☐ no  Have you ever been hospitalized? ____________________________

LIST ANY SURGERIES
### THINGS THAT I AM CURRENTLY EXPERIENCING

<table>
<thead>
<tr>
<th>CONSTITUTIONAL</th>
<th>Y</th>
<th>N</th>
<th>Fever</th>
<th>Y</th>
<th>N</th>
<th>Chills</th>
</tr>
</thead>
<tbody>
<tr>
<td>Y</td>
<td></td>
<td></td>
<td>Recent Changes in Weight</td>
<td>Y</td>
<td>N</td>
<td>Headache</td>
</tr>
<tr>
<td>EYES</td>
<td>Y</td>
<td>N</td>
<td>Change in Vision</td>
<td>Y</td>
<td>N</td>
<td>Wears Corrective Lenses</td>
</tr>
<tr>
<td>EARS</td>
<td>Y</td>
<td>N</td>
<td>Loss of hearing</td>
<td>Y</td>
<td>N</td>
<td>Earache</td>
</tr>
<tr>
<td>NOSE, MOUTH, THROAT</td>
<td>Y</td>
<td>N</td>
<td>Nosebleeds (Epistaxis)</td>
<td>Y</td>
<td>N</td>
<td>Hoarseness</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Tooth/Teeth Pain</td>
<td>Y</td>
<td>N</td>
<td>Gums</td>
</tr>
<tr>
<td>CARDIOVASCULAR</td>
<td>Y</td>
<td>N</td>
<td>Chest Pain</td>
<td>Y</td>
<td>N</td>
<td>Ankle Edema</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Leg Pain with Exercise (Leg Claudication)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>RESPIRATORY</td>
<td>Y</td>
<td>N</td>
<td>Shortness of Breath</td>
<td>Y</td>
<td>N</td>
<td>Cough</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cough Worse in the Morning</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Difficulty Swallowing</td>
<td>Y</td>
<td>N</td>
<td>Belching (Eructation)</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Nausea</td>
<td>Y</td>
<td>N</td>
<td>Vomiting</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Abdominal Pain</td>
<td>Y</td>
<td>N</td>
<td>Diarrhea</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Bowel Incontinence</td>
<td>Y</td>
<td>N</td>
<td>Constipation</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Decrease Appetite</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>GENITOURINARY (Men and Women)</td>
<td>Y</td>
<td>N</td>
<td>Urinary Frequency</td>
<td>Y</td>
<td>N</td>
<td>Urinary Hesistancy</td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Burning Sensation during Urination</td>
<td>Y</td>
<td>N</td>
<td>Urinary Incontinence</td>
</tr>
<tr>
<td>GENITOURINARY (Women ONLY)</td>
<td>Y</td>
<td>N</td>
<td>Irregular Periods</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>FEMALE GU</td>
<td>Y</td>
<td>N</td>
<td>Spotting Between Periods</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Y</td>
<td>N</td>
<td>Vaginal Discharge</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HEMATOLOGIC</td>
<td>Y</td>
<td>N</td>
<td>Easy Bruising Tendency</td>
<td></td>
<td></td>
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<td></td>
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</tbody>
</table>
### FAMILY HISTORY

PLEASE CHECK ANY OF THE FOLLOWING THAT FAMILY MEMBERS HAVE HAD

- □ yes □ no Any blood relatives who have had a heart attack before age 55?
- □ yes □ no Disabling back pain?
- □ yes □ no Disability from work for other reasons?
- □ yes □ no Arthritis
- □ yes □ no Muscle or nerve disease. If so, what

  - Cancers
  - Rheumatological conditions

- □ yes □ no Any other disease which might affect your treatment?

  Please list:____________________
SOCIAL HISTORY

Marital Status
- □ Single
- □ Married
- □ Divorced
- □ Widowed
- □ Separated

Who do you live with?
- □ Alone
- □ Children (Ages___________________)
- □ Spouse
- □ Parents
- □ Significant Other
- □ Friends or Relatives
- □ Other___________

Which part of town do you live? _________________________________

How much alcohol do you usually drink per week? _______________________________

- □ yes  □ no  Have you been treated for drug or alcohol abuse?
- □ yes  □ no  Do you use street drugs?
- □ yes  □ no  Have you been a cigarette smoker in the past 5 years?
- □ yes  □ no  Currently, do you smoke? If yes, how much per day ______________

Aside from your current problem, what are the most stressful things in your life

WORK HISTORY

Do you currently work?
- □ full time
- □ part time
- □ no – why not?

If yes, where –
- Job Title (current):_________________________________________
- Employer / Company ____________________________
- Address:____________________________
- Length of employment: Years__________ Months_____________________

Is your current problem work related?  □ yes  □ no

Do you believe this problem is caused by your work?  □ yes  □ no

Are you out of work because of this problem? □ no  □ yes – Since what date?

Are you on physician ordered work restrictions because of this problem?  □ yes  □ no

If yes, please list restrictions:_________________________________________________

FINANCIAL/LEGAL HISTORY

Are currently receiving compensation for your pain problem?   □ yes   □ no

Are you involved in any legal action (e.g. court case) related to your pain? □ yes □ no

ANYTHING ELSE YOU WISH TO SHARE WITH THE DOCTOR
THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW CAREFULLY.

Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center is required, by law, to maintain the privacy and confidentiality of your protected health information and to provide our patients with notice of our legal duties and privacy practices with respect to your protected health information.

DISCLOSURE OF YOUR HEALTH CARE INFORMATION

TREATMENT – We may disclose your health care information to other health care professionals within our practice for the purpose of treatment, payment or health care options.

PAYMENT – We may disclose your health information to your insurance provider for the purpose of payment or health care operations.

WORKERS’ COMPENSATION – We may disclose your health information as necessary to comply with State Workers’ Compensation Laws.

EMERGENCIES – We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care about your medical condition or in the event of an emergency or of your death.

PUBLIC HEALTH – As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability, reporting child abuse or neglect, reporting domestic violence, reporting to the Food and Drug Administration problems with products and reactions to medications, and reporting disease or infection exposure.

JUDICIAL AND ADMINISTRATIVE PROCEEDINGS – We may disclose your health information in the course of any administrative or judicial proceeding.

LAW ENFORCEMENT – We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena, and other law enforcement purposes.

DECEASED PERSONS – We may disclose your health information to coroners or medical examiners.

ORGAN DONATION – We may disclose your health information to organizations involved in procuring, banking, or transplanting organs and tissues.

RESEARCH – We may disclose your health information to researchers conducting research that has been approved by an Institutional Review Board.

PUBLIC SAFETY – It may be necessary to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or to the general public.

SPECIALIZED GOVERNMENT AGENCIES – We may disclose your health information for military, national security, prisoner and government benefits purposes.
CHANGE OF OWNERSHIP – In the event that Center for Spine, Sports, and Rehabilitation Excellence, dba The Spine and Sports Center is sold or merged with another organization, your health information/record will become the property of the new owner.

HEALTHCARE OPERATION -We may use or disclose health information about you to support the programs and activities of Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center such as quality and service improvement; health care delivery review; staff performance evaluation; competence or qualification review of health care professionals; education and training of physicians and other health care providers; and business planning and development, business management and general administrative activities. We use this information to continuously improve the quality of care for all patients we serve. For example, we may combine health information about many patients to evaluate the need for new services or treatments. We may disclose information to doctors, nurses, and other students for educational purposes. And we may combine health information we have with that of other facilities to see where we can make improvements.

Additionally, we may share your health information with other health care providers and payors for certain of their business operations if the information is related to a relationship the provider or payor currently has or previously had with you, and if the provider or payor is required by federal law to protect the privacy of your health information.

YOUR HEALTH INFORMATION RIGHTS

You have the right to request restriction on certain uses and disclosures of your health information. Please be advised, however, that Center for Spine, Sports, and Rehabilitation Excellence dba The Spine and Sports Center is not required to agree to the restriction that you requested.

You have the right to have your health information received or communicated through an alternative method or sent to an alternative location other than the usual method of communication or delivery, upon your request.

You have the right to inspect and copy your health information.

You have a right to request that Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center amend your protected health information. Please be advised, however, that Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center is not required to agree to amend your protected health information. If your request to amend your health information has been denied, you will be provided with an explanation of our denial reason(s) and information about how you can disagree with the denial.

You have a right to receive an accounting of disclosures of your protected health information made by Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center.

You have a right to a paper copy of this Notice of Privacy Practices at any time upon request.

CHANGES TO THIS NOTICE OF PRIVACY PRACTICES

Center for Spine, Sports, and Rehabilitation Excellence dba The Spine and Sports Center reserves the right to amend this Notice of Privacy Practices at any time in the future, and will make the new provisions effective for all information that it maintains. Until such amendment is made, Center for Spine, Sports, and Rehabilitation Excellence dba The Spine and Sports Center is required by law to comply with this Notice.

Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. If you have questions about any part of this notice or if
you want more information about your privacy rights, please contact Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center at (713) 590-2700.

COMPLAINTS

Complaints about your privacy rights, or how Center for Spine, Sports, and Rehabilitation Excellence dba The Spine and Sports Center here has handled your health information should be directed to Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center at (713) 590-2700. If Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center is not available, you may make an appointment for a personal conference in person or by telephone within 2 working days. If you are not satisfied with the manner in which this office handles your complaint, you may submit a formal complaint to:

DHHS, Office of Civil Rights
200 Independence Avenue, S.W.
Room 509F HHH Building
Washington, TX 20201

This notice is effective as of today’s date listed below.

I have read the Privacy Notice and understand my rights contained in the notice. By way of my signature, I provide Center for Spine, Sports and Rehabilitation Excellence dba The Spine and Sports Center with my authorization and consent to use and disclosed my protected health care information for the purposes of treatment, payment and health care operations as described in the Privacy Notice.

Patient Signature: __________________________      Date: __________________________
PATIENT INFORMATION (PLEASE PRINT)

First Name_______________________ Middle Initial ________ Last Name_____________________
Home Address________________________________________________________________________
City __________________________________ State ___________ Zip _______________________
Billing Address (if different) _____________________________________________________________
Work Address (if different) ___________________________________________________________________
Primary Phone ___________________________ E-mail Address ________________________________
Work Phone ___________________________ Fax ___________ Cell Phone ___________________________
Date of Birth _______________________ Social Sec. # ___________________ Sex □ M □ F
Ethnicity ____________________ Race__________________ Primary Language _______________________
Marital Status □ S □ M □ D □ W □ Other ________ How did you hear about us? _______________
Primary Care Physician ________________________ Referring Physician __________________________
Employer __________________________ Employer Phone____________
Emergency contact __________________________ Relationship ___________ Phone ___________________
Effective Immediately

24 Hour Cancellation Policy

There is a $25.00 cancellation fee for any appointment that is not cancelled or rescheduled more than 24 hours in advance. We regret having to implement this policy but find it necessary at this point. Thanks in advance for your understanding.

<table>
<thead>
<tr>
<th>Print Name: __________________________</th>
<th>Date: __________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>Signed Name: __________________________</td>
<td></td>
</tr>
</tbody>
</table>
RE: Records Release Authority

Patient name: __________________________________________

Previous Name(s): _____________________________________

I authorize The Spine and Sports Center to: ___ receive ___ release to the below Person/Agency:

____________________________________
Name of Person or Agency

____________________________________
Address

____________________________________
City, State Zip

Telephone __________________________ Fax __________________________

The following information: Please check off all that apply

<table>
<thead>
<tr>
<th>Consultation report</th>
<th>EEG, EKG</th>
<th>Pathology report</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operative report</td>
<td>Discharge summary</td>
<td>Emergency record</td>
</tr>
<tr>
<td>Radiology reports</td>
<td>Lab reports</td>
<td>Progress Reports</td>
</tr>
<tr>
<td>History &amp; Physical</td>
<td>Demographics information</td>
<td></td>
</tr>
</tbody>
</table>

__Entire records except: _______________________________________________________

____________________________  ________________________________
(Date of Request)            (Patient’s Signature)

____________________________  ________________________________
(Patient Date of Birth)       (Address)

______________________________
(City, State, Zip Code)
Pharmacy Update Form

We are currently updating our records so we can electronically send your prescriptions. To expedite your office visit please fill out the following information:

Date_________________

Patient Name___________________________________________

Pharmacy Name__________________________________________

Pharmacy Address________________________________________

City__________________ Zip Code_____________________

Pharmacy Phone Number (_______)_______________________

Thank you for your cooperation:

The Spine and Sports Center
Physician Disclosure of Financial Interest

Dear Patient:

As your physician, it is my duty to do everything I can to provide you with the highest quality of care. While I will provide services to you through my practice, it is possible that you will also require treatment, services or medical products from third parties. It is possible that I will recommend you obtain such treatment services or products from specific providers or entities. Any such recommendation will be based entirely and exclusively on what I believe to be in your best interest as my patient.

The purpose of this document is to inform you that as a member of the business community I have financial interests and other relationships with a number of entities that work in the field of healthcare. In an effort to be as transparent as possible, I want to disclose to you all such relationships (see below).

Please be aware that you have the right to be treated by and at any healthcare entity of your choice. The physician-patient relationship that exists between us will not be affected, nor will you be treated differently, if you choose to obtain any such items or services from another healthcare provider or entity.

Facilities/Entities in which Dr. Benny has a Financial Interest or other Relationship*

<table>
<thead>
<tr>
<th>Entity Name</th>
<th>Type of Relationship</th>
</tr>
</thead>
<tbody>
<tr>
<td>Center for Spine, Sports &amp; Rehabilitation Excellence (DBA The Spine and Sports Center)</td>
<td>Ownership</td>
</tr>
<tr>
<td>Methodist Hospital, Sugar Land</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>Pharmco</td>
<td>Ownership</td>
</tr>
<tr>
<td>Methodist Hospital, Willowbrook</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>St. Luke’s Hospital Medical Center</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>Premier Performance Physical Therapy</td>
<td>Ownership</td>
</tr>
<tr>
<td>St. Luke’s Hospital Sugar Land</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>Elite Center for Minimally Invasive Surgery</td>
<td>Ownership</td>
</tr>
<tr>
<td>Houston Orthopedic and Spine Hospital</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>ESA Labs</td>
<td>Ownership</td>
</tr>
<tr>
<td>Oakbend Hospital</td>
<td>Medical Staff</td>
</tr>
<tr>
<td>Elite Hospital Management, LLC (managing Hospital for Surgical Excellence)</td>
<td>Ownership</td>
</tr>
</tbody>
</table>

*A Medical Staff or Faculty relationship does not imply any conflict of interest, as Dr. Benny does not stand to benefit financially in such a relationship.

By signing below, you, or your legal representative, acknowledge that
(i) this disclosure has been made in advance of the date of the service;
(ii) you recognize the Dr. Benny has a financial relationship or other affiliation with the listed entities/facilities;
(iii) you are aware of your freedom to choose a facility or entity through which to receive the referred item or service; and
(iv) Dr. Benny has not required you to receive any item or service through a facility/entity in which he has a financial interest or other affiliation.

Date: _________________________

______________________________  ______________________________
Signature of Patient                Signature of Parent/Guardian (if applicable)

______________________________  ______________________________
Print Name of Patient                Print Name of Parent/Guardian (if applicable)